

## MASSAGE

### *Deep Tissue*

50 minutes \$175  
80 minutes \$270

A powerful massage designed to reduce tension and muscular pain by focusing on the deeper layers of muscle. Your therapist will use concentrated pressure to promote healthy circulation and increased range of motion in the muscles.

### *Swedish*

50 minutes \$120  
80 minutes \$190

A relaxing massage using light to medium pressure. Escape to tranquility with a Swedish massage where your therapist will use locally fresh pressed coconut oil to soothe tired and achy muscles and melt away stress.

### *Hot Stone*

50 minutes \$160  
80 minutes \$250

Heated volcanic stones are used in combination with a full body massage to provide penetrating heat to the body. This treatment induces a state of profound relaxation that allows you to take a truly relaxing internal journey.

### *Hot Candle*

50 minutes \$160  
80 minutes \$250

The candle features naturally blended moisturizing oils specifically formulated to be used to massage the body. Feel the wonderful warm oil drizzled along the body while your therapist performs a relaxing massage.

### *Royal Bamboo*

50 minutes \$150  
80 minutes \$230

Using an array of different sized bamboo sticks designed specifically to fit the body's natural contours and provide a relaxing massage to transport you into a deep state of relaxation.

### *Back Revival*

25 minutes \$75

This tailored massage targets specific areas of tension and soreness in back, neck and shoulders. Perfect to enhance your Spa experience in combination with any body scrub or body wrap.

Prices are subject to 15% Tax and 10% Service Charge

## MASSAGE

### *Reflex*

50 minutes \$150

By applying pressure to specific meridian points that are connected to the primary organs of the body. Reflexology allows blocked energy to once again flow freely, releasing accumulated tension.

### *Lava Shell*

50 minutes \$160

Indulge in a one of a kind Lava Shell experience. During the massage, the shells are worked over the body, eases away all the muscle tension, knots and stress points, unblocking energy flow and releasing a sense of balance to the entire body and mind.

### *Mother To Be*

50 minutes \$120

A full body massage using our safe but effective pre-natal techniques to relax those specific lower back muscles when carrying that beautiful bump. A specially designed pillow will support the muscles and ease tension so both you and your baby can relax and be rejuvenated.

### *Sports*

50 minutes \$140

Keep fit and healthy with this intensive, physical massage using releasing and energizing essential oils to focus on areas that bear the most stress and strain. Specially recommended for sportsmen and gym enthusiasts.

### *Stress Reduction with Hot Stones*

50 minutes \$130

This massage uses specific techniques concentrating on the areas of the back neck and shoulders most affected by stress. We use a combination of techniques and hot stones to ensure that every day stress just melts away.

### *Mud Massage*

80 minutes \$250

Discover the Slimming and Detoxifying benefits of our unique blend of Sedona clay from the southwest with rich French seaweed and organic essential oils. Its revitalizing nutrients help to nourish, tone and promote healthy radiant skin, while invigorating and uplifting the senses.

Prices are subject to 15% Tax and 10% Service Charge

## COUPLE'S SIGNATURE EXPERIENCES

### *Time For Two Massage*

50 minutes \$280  
Per Couple

A customized massage with organic coconut oil will induce deep relaxation. Relax further and enjoy the natural sounds of the rainforest while soaking in your own outdoor natural pool.  
*Includes an additional 20-minute pool experience*

### *Time For Two Facials*

50 minutes \$280  
Per Couple

An introduction to clinical skin care with Natura Bisse products. This facial is tailored to the client's specific concerns.  
*Includes an additional 20-minute pool experience*

### *Romantic Renaissance*

50 minutes \$390  
Per Couple

Created for couples to share memorable moments together. This treatment will be performed in the double cabana where sparkling wine and lunch will be served after receiving a customized body massage.  
Relax further and enjoy the natural sounds of the rainforest while soaking in your own pool.  
*Includes an additional 60-minute lunch and relaxation time.*

### *Romantic Escape Ritual*

110 minutes  
\$450  
Per Couple

Enjoy a moment together where time has no meaning with that special person in your life, indulge in a Romantic Escape Ritual relax and unwind together with our side to side Body Scrub and Relaxing Massage, this experiences includes complementary Chocolate truffles and a bottle of our selection of wine.  
*Includes an additional 20-minute pool experience*

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## BEAUTY

### HAIR

Individual hair, make-up and wedding beauty services are available upon request.

#### Shampoo and Blow Dry

Neck Length 30 minutes \$45

Shoulder Length 45 minutes \$65

Long 60 minutes \$75

Blow Dry \$50

*Intensive Conditioning with Blow Dry \$25 extra*

### Weddings and Special Occasions

Hair Put-ups \$60 *plus*

*Wedding Hair 2 sessions \$160*

*(Includes Wedding hair trial and Wedding hair style on the Wedding day)*

*Wedding Hair Style \$100*

*Special Occasion Hair Style \$100*

*Wedding hair trials are recommended to be booked a minimum of 48 hours before the wedding.*

#### Hair Braiding

Full Head *from* \$40

*Half-a-Head from \$25*

*Single Braid \$5 each*

#### Moroccan oil Treatments

Moroccanoil Pampering \$25

Moroccanoil Sun & Beach Protection \$30

Moroccanoil Relaxing Hydrating Massage \$40

Prices are subject to 15% Tax and 10% Service Charge

## BEAUTY

### WAXING

Half-leg Wax 30 minutes \$40

Full-leg Wax 60 minutes \$75

Underarm Wax 15 minutes \$20

Bikini Wax 20 minutes \$30

Brow Waxing 30 minutes \$35

Lip Wax 15 minutes \$20

### EYES & MAKE-UP

#### Eye Treatments

Brow Shaping 15 minutes \$30

Lash and Brow Tint 15 minutes \$45

Eyelash Tint 30 minutes \$35

Eyebrow Tint 15 minutes \$15

Eyelash Extensions *available upon request*

#### Mineral Make-up

Make-up Lesson, 45 minutes \$50

Make-up Application Day time, 30 minutes \$60

Make-up Application Evening Time, 45 minutes \$80

Special Occasion Make-up \$80

Wedding Make-up 2 sessions \$140

*(Includes wedding make-up trial and the wedding day application)*

Prices are subject to 15% Tax and 10% Service Charge

## FACIALS

### *Diamond Whitening*

50 minutes \$165

Natura Bisse's cosmetic response to the search for skin; free from dark spots and blemishes. The effectiveness of this depigmentation method is based on three pillars: Renewing, depigmenting and illuminating; through these pillars, it delivers remarkably even tone and skin texture. The elevated concentration of spot-correcting active ingredients work with great precision, right where your skin needs it. Providing cumulative results and preventing the imbalances in pigmentation that age your skin. The ultimate answer to beauty without dark spots.

### *Diamond Experience Facial*

100 minutes \$325

A luxurious experience with regenerative, energizing action that provides a surprising and immediate lifting effect. Powerful active ingredients rejuvenating and deep-acting and innovative massage techniques firm your skin, reducing wrinkles and expression lines in a remarkable way. This exclusive treatment reinforces the skin's natural defense system, preserving long lasting hydration and improving elasticity. It restores your skin's tone and luminosity.

Prices are subject to 15% Tax and 10% Service Charge

## SIGNATURE EXPERIENCE

### *Sulphur Seduction*

Approx. 180  
minutes

\$195 per person  
(2 people re-  
quired)

An unforgettable morning trip to St Lucia's very own volcanic Sulphur springs. Your journey begins with a scenic tour of the island's ancient and active volcano. Bathe in the black waters of St. Lucia's Sulphur springs—straight from the heart of the volcano. Then enjoy a hot, exhilarating Sulphur mud bath. This boosts metabolism, increases circulation and aids in the healing of eczema and psoriasis, warms aching muscles and joints allowing you to totally relax. Your therapist will smother your body in mineral rich Sulphur mud after which you will bask in the sun allowing the mud to tighten and dry to naturally exfoliate and detoxify the skin. You will be escorted to the breathtaking Piton waterfalls, where you can shower your body in water warmed by Mother Nature herself. Light refreshments will be taken on this journey. Upon your return to the spa, you will receive a 25-minute back massage

### *Rainforest Ultimate Couples Experience*

Approx. 180  
minutes

\$695 per couple

Indulge in the ultimate couples experience to create a memory at the Rainforest Spa not to be forgotten. Your experience begins with a full body exfoliation using an organic sea salt and raw coconut scrub to leave the skin feeling smooth and refreshed. Following with a personalized full body massage to induce deep relaxation and relieve tension and tired achy muscles. Finally enjoy a luxurious and hydrating facial to leave your skin renewed, healthy and glowing. *Includes an additional 60 minute lunch and relaxation time.*

Prices are subject to 15% Tax and 10% Service Charge

## CACI TREATMENTS

### *Ultimate Anti Aging*

80 minutes \$195

This ultimate facial will leave your skin smoother, lifted, plumped and hydrated. Treatment includes an ultrasonic exfoliation, a non surgical face lift, use of LED light therapy and ultrasonic skin rejuvenation for an “instant-results” facial experience.

### *Ultra Anti Aging Plus Hydratone Mask*

110 minutes \$230

This treatment has all the benefits of the Anti-Aging facial but also concludes with a hydra tone mask. This soothing gel mask is infused with powerful hydrating properties such as collagen, hyaluronic acid, rose water, vitamin C and vitamin E, giving the face a remarkably softer, radiant and more youthful appearance.

### *Non Surgical Lift*

50 minutes \$160

This treatment lifts, tightens, tones and re-educates the facial muscles while smoothing the appearance of fine lines and wrinkles. Skin is beautifully rehydrated, while tone and texture is improved leaving the skin with a wonderful glow and a firmer, more supple appearance.

### *Ultra Hydratone*

30 minutes \$110

This intensive skin hydration and firming treatment incorporates a mask infused with collagen, hyaluronic acid and vitamin E and C. The skin is cleansed and exfoliated before the mask is applied. Dehydrated and environmentally damaged skin is quenched, while deep lines and wrinkles are plumped out, leaving the skin looking radiant, softer and more youthful.

## CACI TREATMENTS

### *Ultra Deep Wrinkle*

45 minutes \$130

This treatment includes exfoliation, use of LED light therapy to target the areas of pigmentation, dehydration and scarring. The hydratone mask completes this treatment to soften, plump and rehydrate the skin.

### *Ultra Body Treatments*

***Stomach and Hips*** 50 minutes \$190

***Thighs and Buttocks*** 50 minutes \$170

This non-invasive technique helps to lift, tone, improve lymphatic drainage and tackle cellulite in the legs and buttock area.

### *Ultra Eye Treatment*

45 minutes \$125

Concentrating on the eye area, this treatment lifts, smooths and plumps, easing fine lines, rehydrating and repairing the eye area. This treatment includes exfoliation, use of wrinkle comb and the hydratone mask.

### *Ultra Hand Treatment & Manicure*

140 minutes \$170

This treatment offers you the benefits of Ultra Hand Treatment to target lines and age spots with the use of ultrasonic exfoliation to smooth and exfoliate. The wrinkle comb softens lines leaving the hands hydrated and younger in appearance.

## FACIALS

### *O2 Awakening*

50 minutes \$135

The products used in this facial release pure oxygen molecules into your skin, these molecules energize your cells and eliminate toxins accumulated in pores, achieving a state of total purity and relaxation for your skin. "A breath of fresh air for your skin"

### *Citrus A Peel*

50 minutes \$145

Recommended for anyone seeking to recapture skin luminosity and firmness through a relaxing citrus aromatherapy experience. This exquisite protocol awakens your senses, infusing skin with all of the energy in Vitamin C. Its extraordinary anti-oxidant action repairs even the most mistreated skin, unveiling a completely hydrated and revitalized complexion that showcases your radiant face.

### *Skin Refining Facial for Men*

50 minutes \$135

For revitalized, younger looking skin, a lactic acid mask adds moisture as it gently exfoliates. Vitamin A and C are infused into the skin to help restore moisture and firmness, improving the skin's texture and reducing irritation. Skin will be renewed, healthy and hydrated.

### *The Cure*

80 minutes \$225

Based on cutting-edge thermos-active enzymatic detoxification, this triple-action cleanses, opens and softens the pores for extractions to deeply cleanse the skin, restoring a radiant complexion and providing deep exfoliation and oxygenation. Increases the skin's resistance to stress and helps to repair and prevent damage caused by modern day life.

Prices are subject to 15% Tax and 10% Service Charge

## FACIALS

### *The Cure Express*

25 minutes \$75

A new concept in skin therapy that incorporates the latest trend of aesthetic medicine, carboxitherapy, a novel technique that uses CO2 to combat the signs of aging. Carboxitherapy produces an explosion of oxygen resulting in a visible revitalization of the skin. The result is reduced lines and wrinkles, radiance, luminosity and intense UVA/UVB protection while neutralizing imperfections and balancing skin tones.

### *Facial For Teens*

50 minutes \$95

Designed to address the issues specific to the skin care needs of teens and young adults, this treatment is customized to provide optimal cleansing and nourishment to minimize the impact and visible signs of hormonal activity

### *True Blush*

50 minutes \$150

The ultimate answer to sensitive and reactive skin types that display conditions such as red spots, dilated capillaries or inflammation. This treatment combines ingredients that repair and decongest, thanks to ultra-softening botanical ingredients. Visibly soothes skin, providing maximum relief and comfort. Discernibly improves the appearance of congested skin and strengthens your self-defense mechanism against harmful aggressors.

Prices are subject to 15% Tax and 10% Service Charge



## BODY POLISH

### *Caribbean Glow*

50 minutes \$120

Relax with a body polish made of sea salt and raw coconut that gently revives the skin and exfoliates dead cells away. Leaving your skin feeling smooth and refreshed. Stimulates the circulation and enhances the appearance of the skin.

### *C+C Vitamin Body Polisher*

50 minutes \$150

This Natura Bisse scrub provides effective, smooth, non-aggressive exfoliation, eliminates impurities and dead cells that suffocate the skin. Protects the skin's lipid barrier hydrates and soothes. It also enhances the penetration of treatment products applied subsequently. Helps restore a healthy glow, has a lovely inviting citric fragrance, refines skin texture and minimizes pores.

### *Chocolate Scrub*

50 minutes \$120

80 minutes \$175

Mouth watering for the body using Dead Sea Salts, essential oils and 100% organic cocoa. The body polish and massage are unforgettable. A guilt-free sensation to leave the skin hydrated, remineralized and smelling gorgeous.

### *Papaya & Pineapple*

50 minutes \$120

Exfoliates, nourishes and reduces dryness with our sweet and zesty scrub. Infused with natural sugar crystals and papaya and pineapple extracts, the papaya natural enzymes helps exfoliate and rejuvenate, in combination with an antioxidant pineapple extract that helps soothe the skin, your body will feel completely soft, renewed, and nourished.

## BODY POLISH

### *Bamboo Body Polisher By Natura Bisse*

50 minutes \$150

Bamboo micro-fibers gently exfoliate and re-mineralize the skin, while the essential oils sandalwood, myrrh, incense, cardamom and black pepper stimulate, renew and nourish the skin. The scrub eliminates dead skin cells and impurities and smoothes skin texture, providing an immediate sense of well-being. Effectively enhances the tanning properties of the skin.

### *Honey & Chamomile*

50 minutes \$150

Crystalized honey is used in this treatment. A pure and highly concentrated blend that is rich in fructose, glucose, minerals, vitamins and organic acids provide exceptional nourishing properties. This body polisher eliminates impurities and dead skin cells that suffocate the skin, regenerates, moisturizes and nourishes the skin.

### *Caribbean Coffee Scrub*

80 minutes \$175

Indulge in a 50min full body exfoliation. Package includes dry body brushing and a Caribbean-Coffee full body scrub followed by a relaxing 30 minutes back revival massage to soothe tired and achy muscles.

## BODY WRAPS

### *Detox*

50 minutes \$140

This treatment purifies the body of toxins and reduces swelling. Our unique blend of Sedona red clay, white algae, luminaria extract and grapefruit, lime, lemongrass and jasmine essential oils; help to nourish, tone and promote a healthy radiant body and skin.

### *Sun Soother Wrap*

50 minutes \$110

Using a blend of aloe, oatmeal and Lavender, this wrap reduces the effects of over-exposure to the sun. Combined with a scalp massage.

### *Vitamin C Soufflé Wrap*

50 minutes \$160  
80 minutes \$240

Our soufflé wrap is enriched with citrus and antioxidant properties to uplift and brighten dull, dry skin! It further repairs skin damage caused by sun exposure, provides intense hydration, firming, lightening and recovers luminosity. Wrapped in a vitamin enriched creamy heaven!

### *Sea Flora Scrub & Wrap*

80 minutes \$170

A beautiful combination of wild seaweed, ocean mud and marine minerals. This treatment is great for detoxifying, skin regeneration and hydration! Enjoy a wild rockweed exfoliation with our Sea flora body scrub and follow with a seaweed body wrap to firm, moisturize and detoxify!

### *Nourishing Seaweed Wrap*

50 minutes \$120

Enriched with organic seaweeds and fruit oils, this body wrap contains vitamins, minerals and antioxidants to fight the visible signs of aging. It is a relaxing experience, that soothes stress, while improving skin texture and elasticity. It revitalizes, tones and soothes the appearance of skin leaving it soft and fresh with a healthy glow.

Prices are subject to 15% Tax and 10% Service Charge

## NAIL CARE

### *Basic Mani*

45 minutes \$55  
**MEN \$40**

Filing, cuticle work, massage and polish application or buff.

### *Basic Pedi*

45 minutes \$65  
**MEN \$55**

Soak, cut and file, cuticle work, massage and polish application or buff.

### *Luxury Mani*

70 minutes \$80  
**MEN \$70**

Filing, cuticle work, exfoliation, hand mask, massage, paraffin wax and polish application or buff.

### *Luxury Pedi*

70 minutes \$90  
**MEN \$80**

Soak, cut and file, exfoliate, cuticle work, hand mask, massage, paraffin wax and polish application or buff.

### *Manicure & Shellac*

80 minutes \$85  
**(Soak-off, additional \$25)**

Filing, cuticle work, massage and Shellac polish application.

### *Pedicure & Shellac*

80 minutes \$95  
**(Soak-off, additional \$25)**

Soak, cut and file,, cuticle work, massage and Shellac polish application.

Prices are subject to 15% Tax and 10% Service Charge